

13 Reasons Why Resource List

General Resources

- Suicide in 13 Reasons Why (SAVE Suicide Awareness Voices of Education)
- 13 Mental Health Questions about '13 Reasons Why' (American Psychiatric Association)

Resources for Schools

- A Teachable Moment: Using 13 Reasons Why to Initiate a Helpful Conversation about Suicide Prevention and Mental Health (American Foundation for Suicide Prevention/American School Counselor Association/National Association of School Psychologists) (Webinar)
- 13 Reasons Why Talking Points (Netflix)
- 13 Reasons Why Netflix Series: How School Counselors Can Help (American School Counselor Association)
- 13 Reasons Why Netflix Series: Considerations for Educators (National Association of School Psychologists)
- 13 Reasons Why Support for Educators and Families (School Social Work Association of America)
- 13 Ways to Continue the Conversation about 13 Reasons Why (Active Minds)
- Suicide Prevention in Schools (Suicide Prevention Resource Center)
- Why Talk to Kids About 13 Reasons Why (Child Mind Institute)
- LGBTQ Youth Suicide Prevention & Crisis Intervention (Trevor Project)
- SAMHSA Prevention Suicide: A Toolkit for High Schools (SAMHSA)
- <u>Suicide Prevention Resource Center, After a Suicide: Toolkit for Schools</u> (Suicide Prevention Resource Center)

Resources for Parents/Guardians

- A Teachable Moment: Using 13 Reasons Why to Initiate a Helpful Conversation about Suicide <u>Prevention and Mental Health</u> (American Foundation for Suicide Prevention/American School Counselor Association/National Association of School Psychologists) (Webinar)
- <u>Tips for Parents Talking with Their Children about 13 Reasons Why and Suicide</u> (American Foundation for Suicide Prevention)
- 13 Reasons Why Discussion Guide (American Foundation for Suicide Prevention)
- 13 Reasons Why Talking Points (Netflix)
- Not My Kid: What Parents Should Know about Teen Suicide (Society for the Prevention of Teen Suicide) (Video)



- <u>Information for Parents Webpage</u> (Society for the Prevention of Teen Suicide)
- 13 Ways to Continue the Conversation about 13 Reasons Why (Active Minds)
- Teens and Suicide: What Parents Should Know (American Foundation for Suicide Prevention)
- Why Talk to Kids About 13 Reasons Why (Child Mind Institute)
- LGBTQ Youth Suicide Prevention & Crisis Intervention (Trevor Project)

Resources for Youth

- Resource Guide for Youth (Netflix)
- LGBTQ Youth Suicide Prevention & Crisis Intervention (Trevor Project)

Resources for Media

- <u>Guidance for Media</u> (Netflix)
- The Media's Role in Preventing Mass Shooting (JED Foundation)
- Suicide: Responsible Reporting (American Foundation for Suicide Prevention)

Additional Support

- Johnson County Mental Health Center's Crisis Line: 913-268-0156
- National Suicide Prevention Lifeline: 1-800-273-8255 (TALK) or text 741-741
- National Suicide Prevention Lifeline: Online Chat