

USD 230 Curriculum Map
Grade: Fifth Subject: Health
Quarter Taught: Yearly, Ongoing

State Indicators	District Objectives/Outcomes/ Key Concepts	Instructional Strategies	Student Activities or Product(s)	Resources Used	Methods of Assessment
5.1.12 5.2.11 5.5.7 5.5.9	Discuss the emotional and physical changes taking place in adolescents during puberty. Recognize methods of personal hygiene as affected by puberty. List and discuss individual responsibilities for good health practices.	Class discussion, separate video for boys and girls. Note card questions, posters	Pre-test and post-test, watch video	<i>Looking Good and Feeling Good</i> program. Always Changing program. Resources obtained by school nurse	Pre-test and post test, Observation, Participation
5.3.9 5.4.7	Relate importance of nutrition in development of healthful body systems. Use software programs to investigate health topics.	Board work, class discussion, computer lab assignment	Complete lab assignment	<i>Bodyworks 4.0</i> <i>Dr. Healthenstein</i>	Lab assignment
5.4.3 5.4.6	Participate in national and local drug awareness activity. Discuss use of alcohol and tobacco. Participate in the DARE program.	DARE program, National Red Ribbon Week activities, board work class discussion, KWL	Completion of DARE program, essay contest	DARE program, Red Ribbon Week activity guide.	Participation, essay
5.5.8	Demonstrate safe basic first-aid procedures.	KWL, board work, class discussion	Roll play, practice activities	Materials provided by school nurse.	Observation, participation
5.7.8	Identify how air and water pollution affect our health.	Class discussion, brainstorm activity, read along	Research pollution and it's affects in library	Library books, internet, library resources	Rubric, participation
5.7.9	Identify health services available in the community.	Discussion, telephone book activity.	Telephone book activity paper	Telephone books, newspapers	Rubric Participation