

FAMILY AND CONSUMER SCIENCE

FAMILY LIVING

Grade: 11-12

Credit: .5 (sem.)

Prerequisites: none

Narrative:

A one semester elective course, which focuses on the nature, function and significance of human relationships within the family/individual unit.

Indicators for Family Living Outcomes:

The student will demonstrate knowledge of:

1. the nature, functions, and significance of human relationships within the family/individual units.
2. concepts related to various family structures.
3. the establishment and maintenance of relationships.
4. the preparation for adulthood, parenthood, and family life.
5. improving responses to individual and family crisis
6. the uniqueness of families and individuals.
7. the development and socialization of the individuals.
8. the importance of meeting the needs and interests of individuals and family members.
9. leadership skills developed through the integration of FHA in the curriculum.
10. the student will actively assist special needs groups including the aged, homeless, at-risk population, and handicapped.

OUTLINE	SKILL	ACTIVITY
<p><u>Time Frame: 2-3 weeks</u></p> <p>1. An awareness of self</p> <ul style="list-style-type: none"> • Personality Development • Self Esteem • Values/ Will reinforce the building problem-solving model • Goal Setting • Coping with Stress • Discuss the importance of being involved in your community and how one person can impact a community service project. 	<p>COMM</p> <p>COMM/FHA</p>	<p>Go through steps to setting a goal.</p>
<p><u>Time Frame: 3-4 weeks</u></p> <p>2. Relationships</p> <ul style="list-style-type: none"> • Human needs • Dating • Love/infatuation • Mate selection • Communication skills • Life style choices • Parent-teen relationships • Deliver an Oral presentation 	<p>COMM/FHA</p> <p>COMM/SS</p>	<p>Collage of perfect characteristics of a mate.</p> <p>Investigation of current songs and whether they address love vs. infatuation.</p>
<p><u>Time Frame: 2-3 weeks</u></p> <p>3. Human Sexuality</p> <ul style="list-style-type: none"> • Sexual development • Human Reproduction • Pregnancy • Reducing Sexual Exploitation • Growth and Development • Sexually transmitted diseases/AIDS 	<p>COMM/FHA</p> <p>COMM/FHA</p>	<p>Panel of pregnant teens – How pregnancy affects daily life.</p> <p>Jigsaw puzzle – activity on sexual transmitted diseases.</p>

<ul style="list-style-type: none"> • Coping with sexual exploitation • Demonstrate ability to plan and/or conduct one classroom activity 	COMM/FHA/SS	Student directed lecture on alternatives to sexual exploration.
<p><u>Time Frame:</u> 1 week</p>	COMM/SS	Identify developmental needs of family members throughout life span.
<p>4. Family Development</p> <ul style="list-style-type: none"> • Developmental tasks • Needs of family members throughout life spans • Role expectation • Aging • Families in a changing society 	COMM/FHA/SS	Have students create a classroom display using a picture about how they have developed over time.
<p><u>Time Frame:</u> 0-1 week</p>	COMM/SS	Research paper over how families have changed over time.
<p>5. Diversity of Families</p> <ul style="list-style-type: none"> • Types of family structures • Types of culturally diverse families • Types of socioeconomic diverse families 	COMM/SS	Family quilt project.
<ul style="list-style-type: none"> • Types of family structures • Types of culturally diverse families • Types of socioeconomic diverse families 	COMM/SS	Study of the structure of families in different countries.
<p><u>Time Frame:</u> 6-7 weeks</p>	COMM/SS/FHA	Create a bulletin board about how family responsibilities after work.
<p>7. Balancing Work and Family</p> <ul style="list-style-type: none"> • Effect of Family responsibilities on work role 	COMM/SS	Distinguish between guidance and punishment.
<ul style="list-style-type: none"> • Realistic expectations of self, spouse, and children • Problem Solving/ decision-making • Balancing Work and Family roles and responsibilities 	COMM/FHA/WP	Shadow a parent as he/she performs the responsibilities of parenting.
<ul style="list-style-type: none"> • Decision-making regarding Child Care Alternatives 	COMM/FHA/SS	Create a brochure illustrating how technology has affected

<ul style="list-style-type: none"> Technology and its effect on the Family <ol style="list-style-type: none"> Awareness and use of technology in the home <p>Video</p> <p><u>Time Frame:</u> 1-2 weeks</p>	FHA	the family unit.
<p>8. Family Issues and Crisis</p> <ul style="list-style-type: none"> Types of family crisis Effect of crisis on family members Community and family resources for coping with family crisis Adolescent crisis intervention 	COMM/FHA	Introduce the reason model for problem solving.
<p>9. Becoming a Parent</p>	COMM/FHA/WP	Examine crises faced as families and short and long term consequences.
<p>10. Parenting Responsibility</p>	COMM/S/FHA	Field Trip: Community resources scavenger hunt.
<p>11. Child Development</p>	COMM/SS	Case studies on risks to parental development. Students will create nutrition during pregnancy booklet.
<p><u>Time Frame:</u> 1 week</p>	COMM/FHA/SS/S	25 th Class Reunion Activity – Affect of behavior on long term goals.
<p>12. Substance Use and Abuse</p> <ol style="list-style-type: none"> Self concept Affect on growth and development Alternatives Community resources Rehabilitation 	COMM/FHA/SS	Who am I poster presentation to middle school students on how to recognize signs of drug abuse. Field trip to grocery store to discuss how decisions are made regarding food products.
<p>13. Consumer Decision Making</p>	COMM/FHA/SS/S	COMM/SS/WP