

Spring Hill School District

Spring Hill Secondary Lunch

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Aug 30, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 HOT DOG ON BUN, T CHILI CRISPITO CHEESE SAUCE CONFETTI FRIES BROCCOLI W/ CHEE STRAWBERRIES&BA FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR KETCHUP MUSTARD TACO SAUCE	Sep - 2 CHICKEN STRIPSW/ PEANUT BUTTER SA MASHED POTATOES GREEN BEANS ROSIE APPLESAUCE FRESH FRUIT MILK MARGARINE PATTIE SALAD BAR YOGURT KETCHUP BBQ SAUCE	Sep - 3 TURKEY&CHEESE O BEAN BURRITO CHEESE SAUCE SUN CHIPS, CHEDDA BABY CARROTS RANCH TROPICAL MIXED FR FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR MUSTARD MAYONNAISE TACO SAUCE
Sep - 6 NO SCHOOL TODAY	Sep - 7 TACO SALAD BREADED PORK PAT SPANISH RICE CORN PINEAPPLE CHUNKS FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR TACO SAUCE	Sep - 8 CHICKEN NUGGETS PEANUT BUTTER SA MASHED POTATOES GREEN BEANS APPLESAUCE FRESH FRUIT MILK YOGURT MARGARINE PATTIE SALAD BAR BBQ SAUCE KETCHUP	Sep - 9 CORNDOG POPCORN SHRIMP CHEDDAR BISCUIT POTATO SMILES BROCCOLI W/ CHEE PEARS&CHERRIES FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT KETCHUP MUSTARD TARTAR SAUCE	Sep - 10 HAMBURGER ON A B CHEESE SLICE VEGGIE BURGER ON MUNCHIES SNACK M BAKED BEANS ORANGE SLICES FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT KETCHUP MUSTARD HAMBURGER DILL S
Sep - 13 FRENCH TOAST STIX TURKEY&CHEESE O TRITATER FRUIT JUICE,ASSOR MANDARIN ORANGE FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT SYRUP KETCHUP MAYONNAISE MUSTARD	Sep - 14 TURKEY FINGERS WI PEPPERONI POCKET MASHED POTATOES GREEN BEANS PINEAPPLE W/ RED FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT KETCHUP BARBECUE SAUCE MARGARINE PATTIE	Sep - 15 BREADED CHICKEN BAKED POTATO CHEESE SAUCE CHEEZ ITS CORN ROSIE APPLESAUCE FRESH FRUIT MILK PEANUT BUTTER SA SALAD BAR YOGURT KETCHUP MAYONNAISE	Sep - 16 CHEESE PIZZA SLOPPY JOE TOSSED SALAD W/ S RANCH FRUIT COCKTAIL W/ FRESH FRUIT CINNAMON ROLL MILK SALAD BAR PEANUT BUTTER SA YOGURT	Sep - 17 BREADED BEEF PAT CHEESE PIZZA QUES FRENCH FRIES PEAS MANDARIN ORANGE FRESH FRUIT MILK PEANUT BUTTER SA SALAD BAR YOGURT KETCHUP TACO SAUCE

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 20 NACHO GRANDE TURKEY FRITTER O RED BEANS & RICE CORN PEARS&CHERRIES FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR KETCHUP TACO SAUCE MAYONNAISE	Sep - 21 CHICKEN FRIED STE ROLL, YEAST, SHSD PEANUT BUTTER SA MASHED POTATOES GREEN BEANS APPLESAUCE FRESH FRUIT MILK YOGURT MARGARINE PATTIE SALAD BAR	Sep - 22 CHEESESTICK W/ M SLICED HAM & CHEE BUN BROCCOLI NORMAN FRUIT COCKTAIL W/ FRESH FRUIT CHOCOLATE CHIP C MILK PEANUT BUTTER SA YOGURT SALAD BAR MAYONNAISE MUSTARD	Sep - 23 PEPPERONI PIZZA FISH AND CHEESE O TOSSED SALAD W/ S RANCH PINEAPPLE W/RED C FRESH FRUIT PUDDING VARIETY MILK SALAD BAR PEANUT BUTTER SA YOGURT MUSTARD TARTAR SAUCE	Sep - 24 MINI CORNDOGS CHICKEN TERIYAKI EGG ROLL WITH PO FRENCH FRIES BROCCOLI W/ CHEE PEACHES FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT KETCHUP MUSTARD
Sep - 27 CHEESE PIZZA QUES SOFT PRETZEL, (WW CHEESE SAUCE SUN CHIPS, GARDEN CORN PEARS FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR MUSTARD TACO SAUCE	Sep - 28 CHICKEN AND NOOD BBQ RIB ON BUN MASHED POTATOES GREEN BEANS ROSIE APPLESAUCE FRESH FRUIT MILK SALAD BAR PEANUT BUTTER SA YOGURT MARGARINE PATTIE BBQ SAUCE	Sep - 29 GRILLED CHICKEN P MEATBALL SUB MUNCHIES SNACK M BABY CARROTS RANCH TROPICAL MIXED FR FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR MAYONNAISE MUSTARD KETCHUP	Sep - 30 MAC AND CHEESE LITTLE SMOKIES PEPPERONI PIZZA BUTTERMILK BISCUI PEAS MANDARIN ORANGE FRESH FRUIT MILK PEANUT BUTTER SA YOGURT SALAD BAR MARGARINE PATTIE JELLY	

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